

SAMISH INDIAN NATION

SAMISH NEWS

CAMP
SAMISH
2009

Camp Samish 2009
June 12-19, 2009
74 tribal participants of
Samish Indian Nation
attended the first annual Camp Samish
on Samish Island Camp Kirby.



“It was wonderful to live for a week at Camp Kirby on Samish Island, at the site of an ancient village, enjoy meals with one another, try our hands at carving, weaving, beading and even making fry bread, take the canoe out almost daily, share around a campfire, watch the sunsets and sunrises much as our ancestors did hundreds of years ago, and feel the great caring of each and every one that was able to attend. Chen Nechnginglh – time of having one heart and mind.”

-- Leslie Eastwood

Camp Kirby a perfect location to have the Samish tribal members to connect & reconnect with the land and with each other, through daily prayers, meals, cultural activities, canoe family, arts & crafts. As Samish history instructs about proper relationships to the land and its resources by teaching lessons left by the ancestors, about both in the natural and spiritual worlds and how those worlds cannot be separated.

The week was alcohol, tobacco, and drug free. The Samish Indian Nation's Social Service Program provided structure and leadership to the overall program week.

LETTERS TO THE EDITOR

Would you like to submit a letter? Please send a letter or e-mail to us at:

Samish Indian Nation Newsletter
Attention:
Nicole Tesch

PO Box 217
Anacortes, WA
98221

e-mail:
nherman@
samishtribe.nsn.us

Local Phone
Number
(360) 293-6404
ext. 110

Toll Free Phone
Number
(800) 365-9062

Please note: Entries are handled on a space and time-sensitive manner. All materials are reviewed by the Tribal Council and responses may be sent to you without publication. The Samish News is a quarterly publication and is an official communication of the Samish Tribal Government.

Letters to the Editor reflect the opinions of the writer only and are not statements of Tribal Policy.

Greetings my Samish family:

Thank you for the gift card. Not only do you honor those of us over 60 that are still above the grass, but also the ancestors who have passed and who were the glue that kept us all together over the hard years.

- Vern Barrett

Dear Samish Nation,

What a great time we had at Samish Camp right on the site of one our ancestral villages. The leadership of Ben JoJola, Rosie James, Bill Bailey, Leslie Eastwood, Kris and Larry DeKay as well as Michelle Johnson was awesome. It was so rewarding to watch the children become part of the community. I am very impressed by the spiritual growth already achieved by the children. We all shared the good feeling we earn when we participate in productive activities together. I will never forget it. Thank you Samish tribe for offering us this wonderful opportunity to grow in wisdom and connect with the spirit of our ancestors.

--Carrie Kaeding

To all Samish Council Members Past and Present,

This letter is being written to convey my deep appreciation for your continued dedication to helping so many members of our tribal family. The Medical and Dental programs are so important. I can't begin to thank you enough for providing them. Social Services have been right there anytime we call on them. Jan in Enrollment is available for advice whenever needed, and her deep interest in Cultural teaching is much appreciated. I didn't get to go to Camp Samish but I heard what a great success it was. I am so proud of our Canoe Family, and of all the people who give of themselves in support. My great grandson has completed his freshman year at UW, thanks in part to the generous stipend he receives. I also have a great-great-grandson attending preschool at the Longhouse. I hear about the skilled teachers and how the children learn hand washing and tooth brushing. They are served nutritious breakfast and lunches. Rosie and Bill are invaluable to our cultural development, plus we go crazy for their smoked fish and fry bread!!! A special mention to our Archival Department and Natural Resources. Leslie has proven to me that I was right to push for her appointment as General Manager. And little Tom Wooten grew up to be instrumental in bringing our tribe to where we are today. I'm especially grateful for the 2 credit cards I have received as an Elder. One thing, I especially look forward to is the Samish Calendar, with all of those wonderful photos.

I've written 2 pages and still have not covered all of the benefits afforded by our Tribal Council, you are all remarkable!!!

In closing, I would like to note the recent land acquisitions, and last but not least, getting the Campbell Lake property into trust. Congratulations on getting the Samish Indian Nation into the County Council of Governments. You all deserve our most humble gratitude for your service. Thank you.

- Jackie Bohn

Enrollment Information Needed

THE FOLLOWING MEMBERS HAVE NO VALID ADDRESSES IN THE ENROLLMENT DATA:

James Barrett	Lloyd Barrett	Lyle Barrett	Shane Barrett
Carol Blackinton	Jessica Blackinton	Lisa Bleeck	George Bob
Lacey Brunner	Gerickah Charlie	Kelson Coughlin	Randy Daniels
Elizabeth Davies	Kristin Dunlap	Timothy Edwards Jr.	Carolyn Edwards
Michelle Foster	Darlene George	Christian Gidlof	Gordon Gidlof
Katherine Graves	Wayne Graves	Travis Hatch	Heidi Hawkins
Theo Hawkins Jr.	Debra Higgins	Laura Hovland	Gordon Jack
Marcy James	Terry Jones	Patricia Kavanaugh	Corey King
Jonathan Long	Shelbie Lucy	Brody Lundin	Charlotte MacDonald
Jennifer MacDonald	Dinah Lundin	Kurtis MacDonald	Winnifred Marchand
Heather McIntosh	Cassandra Myler	Bryan Perry	Skyler Ransier
Gwen Renteria	Richard Ritter Jr.	Malisa Sampson	Juliette Scates
Colleen Scheel	Jo-Anne Smith	Wesley Smith	Robin Spivey
William Steele	Matthew Sturdivant	Tyler Thompson	Patricia Tomlinson
Ada Torres	Angela Williams	Norman Underwood Jr.	Ralph Underwood Jr.
Sheri Underwood	Shelly Wade	Victor Mario Underwood	Frederick Wills
Kenneth Wills	Don Wilson		

We are either still searching for these people or their mail has been returned back to our office, at which point the address is removed from the system as no good. We have been having problems with not getting everyone's address changes correct. If you change your address and it affects your children's address then please let us know who they are so theirs may be changed as well. Thank you for all your help.

If you are a Veteran or those of you who have an Indian name, please contact our Enrollment Department so we can record this information in our database.

Thank you.

Card Changes

Whenever someone changes a name, address, etc. they must send verification of that change. In the case of a name change we must have either a copy of the court document or a copy of a marriage license. **When it comes to an address change we need a copy of a bill, a copy of your driver's license with that change, rental document or etc. We can no longer take this information over the phone, we must have a valid home residence. We will accept Post Office Boxes but they must also have a valid residential address. Until we have this information we will not issue a replacement card with the new information on it.**

Samish Enrollment Department

2918 Commercial Avenue

P.O. Box 217

Anacortes, WA

98221



Phone: (360) 293-6404

Toll Free Phone: (800) 365-9062

Jan Flagg, Enrollment Clerk

Extension 106

jflagg@samishtribe.nsn.us

Businesses Owned by Tribal Members

If you would like to advertise your business in the Businesses Owned by Tribal Members, please call Nicole Tesch at (360)293-6404 or toll free at (800)365-9062 extension 110 or email her at nberman@samishtribe.nsn.us

KAILEY C. PENTER INTERIOR DESIGNER

22120 SE 251ST CT.
MAPLE VALLEY, WA 98038
(206) 227-0413
KAILEY.PENTER@GMAIL.COM

Samish Discounts at Fidalgo Bay Resort

Sunday through Thursday – 50% off
Friday & Saturday – 25% off

This includes RV Sites
and Convention
Center Rentals.

General Meeting and Canoe
Journey Weekends are **FREE**
to all Samish Members.

Tribal Card Required



Tangles Hair & Co.

Brie Keller and
Nada Thompson

514 Commercial Avenue
Anacortes, WA 98221

360.293.6760

Oregon City Quilter

Long Arm & Hand Quilting, Sales & Restoration

Sandy Marsonette

16843 South Copley Court • Oregon City, OR 97045-7328



(503) 631-3365



www.OregonCityQuilter.com

VERIZON
WIRELESS
DISCOUNTS



Verizon Wireless offers discounts to all employees and members of Samish Tribe, which include 17% off your monthly calling plan \$34.99 or higher, discounted phones and PDA's, 25% off accessories, and discounted broadband cards. These discounts are valid for all new lines of service and upgrades.

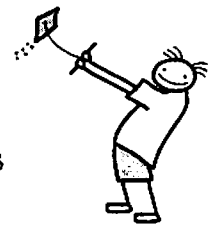
Ivan Haas, Sales Representative. Ivan can assist you with getting your discounts when starting new lines of service, upgrading your phone, purchasing phones and accessories, and adding data features.

Phone: (206) 300-4051

Rhonda's Child Care, Licensed Daycare



Rhonda Colburn
USDA Food Program
859 South 80th Street
Tacoma, WA 98408
Phone: (253) 473-4183



ALLEN-BRADBURY CONSTRUCTION, I.L.C.
Accountable Building Contractors

901 Algona Blvd. North, Suite A
Algona, WA 98001
Phone: 253.218.2288
Fax: 253.218.2292

michaelj@allenbradburyconstruction.com

Businesses Owned by Tribal Members

In 1985 Dan Hatch and Jeff LaLone, long time employees of The Everett Boathouse, assumed ownership and the business has grown based upon a solid reputation of sales, service and dependability. Customer service is our #1 priority and we look forward to the opportunity to be your marine service provider.

OUR SERVICES INCLUDE:

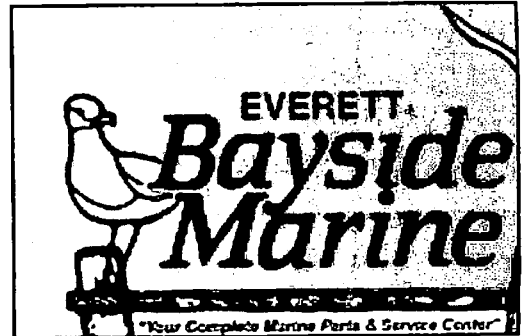
BOAT BROKERAGE: We sell quality used and consigned powerboats and motor yachts. check out our inventory often as things can change daily. If you need to sell your boat give us a call we will be glad to give you an estimate of it's value and even sell it for you.

SERVICE: Factory authorized and trained technicians for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo. We service most major brands of outboard, inboard/outboard and inboards. We do major repowers, engine and outdrive rebuilding, general servicing and trouble shooting. We pride ourselves in using OEM parts whenever possible.

PARTS: We stock original equipment parts (OEM) for Johnson, Evinrude, OMC, Bombardier, Cobra, MerCruiser, and Volvo, along with many engine and boat accessories. If we don't have it in stock we'll find it for you. We ship UPS daily.

STORAGE: Now open for business is our state of the art new dry stack system for boats up to 36' LOA

1111 Craftsman Way Everett, WA 98201 (425) 252-3088 www.baysidemarine.com



CULTURAL CLASS CHANGES

There will a few changes in the cultural classes that are being offered by the tribe.

- There will be no September class because the RV Park is reserved for the Oyster Run on our usual week end.
- A Whale Naming Ceremony, at the RV Park at 1:00PM, will be held on October 17th instead of the September & October classes posted on your calendars.
- The November 21st class will be on how to play Slahal-Bone Games, starting at 11:00AM

Anyone wishing to donate give away items for the naming please call Jan at the tribal office. Sorry for any inconvenience in these changes but we needed to change in order to have them at the RV Park. If you have any suggestions for any future classes – please let us know what you'd like to do or have in the way of instruction. The cultural committee is here to try to help those members wishing to learn more of the "old ways".

WHALE NAMING

On Saturday October 17,2009, we will be hosting a Whale Naming for Samish's new baby whale. Samish is one of the whales in J Pod of the southern resident Orcas. As you know, we named the last two and the Whale Museum called to ask if we'd like to name the new one.

We need some suggestions on names from you. Please send your suggestion into the office, by September 30, 2009. The cultural committee will choose a name on October 1st and announce it at the whale naming ceremony.

We are looking forward to the names and the ceremony in October, so please participate in both. If you have questions feel free to contact Jan Flagg at the tribal office of by email. (800) 365-9062 x 106 or email her at jflagg@samishtribe.nsn.us.

Thank you and good luck on the naming!

Obituary

MARIAN BARTEL

July 9, 1935 to February 26, 2009

Published in Jackson Citizen Patriot on February 28, 2009

Age 73, of Albion, passed away Friday, February 27, 2009 at her residence. She was born July 9, 1935 in Albion, Michigan to Clyde and Alta (Rosenberry) VanSchoick. On June 25, 1955 in Albion, Michigan she was married to Fred A. Bartel. She had worked for Springport Schools as a Librarian for 28 years, retiring in 1999. She loved bowling, yard work, flowers and her kids, grandchildren and great-grandchildren. She is survived by her husband, Fred A. Bartel of Albion; son, Denny (Pattie) Bartel of Albion; daughters, Debbie (Bob) Miller of Albion, Kathy Browning of Springport; nine grandchildren; three stepgrandchildren; 13 great-grandchildren; a sister, Peg Eckmyre of Albion; brothers, Wayne (Marceline) VanSchoick of Albion, Robert (Polly) VanSchoick of Venice, FL and Kenneth VanSchoick of Okemos; sister-in-law, Rosemary Chapman of Litchfield; numerous nieces and nephews. She was preceded in death by granddaughter, Heidi Miller. Visitation for family and friends will be Sunday, March 1, 2009 from 2:00 to 4:00 and 6:00 to 8:00 p.m. at the Eric Street Chapel of the J. Kevin Tidd Funeral Home, 208 West Eric Street, Albion, MI 49224. Funeral services will be on Monday March 2, 2009 at 11:00 a.m. at the Eric Street Chapel of the J. Kevin Tidd Funeral Home with the Reverend Gary Nehring officiating. Burial will be at Riverside Cemetery, Albion. The Samish Indian Nation would like to send our condolences to the family and friends of Marian Bartel.

SARAH BOB

January 23, 1923 to January 5, 2009.

Age 86, of Sidney, British Columbia passed away Monday, January 5, 2009. We were regrettably unable to locate an obituary for Sarah Bob. If anyone would like to submit an obituary for Sarah, please contact us and it will be published in our next publication. The Samish Indian Nation would like to send our condolences to the family and friends of Sarah Bob.

LELA RAE "TOOTS" SCHEFFELMAER

November 8, 1937 to March 26, 2009

Published in The Great Falls Tribune on April 1, 2009

Age 71, of Dodson, Montana, Lela Rae "Toots" Scheffelmaer, a retired cook and librarian who enjoyed spending time with her grandchildren, died of natural causes Thursday at her home in Dodson. A joint funeral service for Lela and her husband, Otto, was held at Dodson High School, with burial in Hillside Cemetery. Adams Kirkwood Funeral Home is handling arrangements. Mr. Scheffemier died a few days later.

Survivors include sons Otto Scheffelmaer of Lewistown and Robert Scheffelmaer and Mitch Scheffelmaer of Harlem; a daughter, Donna Brese of Pocatello, Idaho; a brother, James Arthur Nielsen of Florida; 15 grandchildren and 14 great-grandchildren. She was preceded in death by a granddaughter and a great-grandson.

The Samish Indian Nation would like to send our condolences to the family and friends of Lela Scheffelmaer.

Samish Collaborates with Local Public

Anacortes, WA
March 19, 2009

The Samish Indian Nation would like to announce its collaboration with the Skagit County Sheriffs Department and the Anacortes Fire Department to carry out practice drills on Samish owned land at State Highway 20 and Thompson Road in Anacortes, WA. The Samish Tribe had offered a derelict house as a training ground for public safety activities. On the evening of March 19th, 2009



the Skagit County Sheriffs SWAT Team conducted drills. The Anacortes Fire Department burnt the house on March 28th, 2009 in a controlled fire simulation exercise conducting activities such as fire suppression, running structural fire scenarios, and any emergency medical situations that may occur. Tom Wooten, Samish Tribal Chairman, said "The Samish Indian Nation supports our local emergency services, and is glad to make the Thompson Road Site available to them for training their men and women."

Samish Gallery of Native Arts is now open!

The Gallery had a soft opening August 7th to coincide with The Anacortes Art Festival weekend. We are continuing to develop our inventory and working out a few bugs, with a Grand Opening planned in the near future. The Samish Gallery of Native Art was developed for three distinctive purposes: to provide a showcase for Native Artists who present authentic art with an emphasis on traditional or contemporary Coast Salish style; to serve as a support for the Samish Tribal Vocational Rehabilitation Program whereby the Gallery and staff will offer an encouraging and supportive environment for voc. Rehab. clients; to provide Samish members and the community with the opportunity to learn about and appreciate native culture and art.

The Gallery hours will 10am to 6pm
Tuesday thru Saturday. For inquires or
comments please contact

Dave Blackinton: (360) 588-8200 ext. 3

daveblackinton@samishtribe.nsn.us



Canoe Journey 2009

Cedar dugout canoes lined the shore of Fidalgo Bay last Wednesday when Coast Salish paddlers stopped to enjoy the hospitality of the Samish Indian Nation during the 2009 Tribal Canoe Journey.

"It's a really, really great day for the tribe and the community," said Samish Tribal Chairman Tom Wooten as he watched his guests help themselves to clams. "It's a wonderful thing for our people," said Samish General Manager Leslie Eastwood.

The Samish expected about 16 canoes traveling on the Squamish to Suquamish leg of the journey, which started from the coast of mainland British Columbia. The number of guests doubled when another group about the same size from the east side of Vancouver Island decided to change course and stop at Fidalgo Island as well. The visitors camped overnight before going on to enjoy the hospitality of the Swinomish Tribe the next day.

Each canoe can come with 12 or more paddlers and a team of about 40 people who set up camp and provide other support. Wooten said the Samish are known for hospitality among the canoe families. "Our reputation is that we put on a good spread," he said.

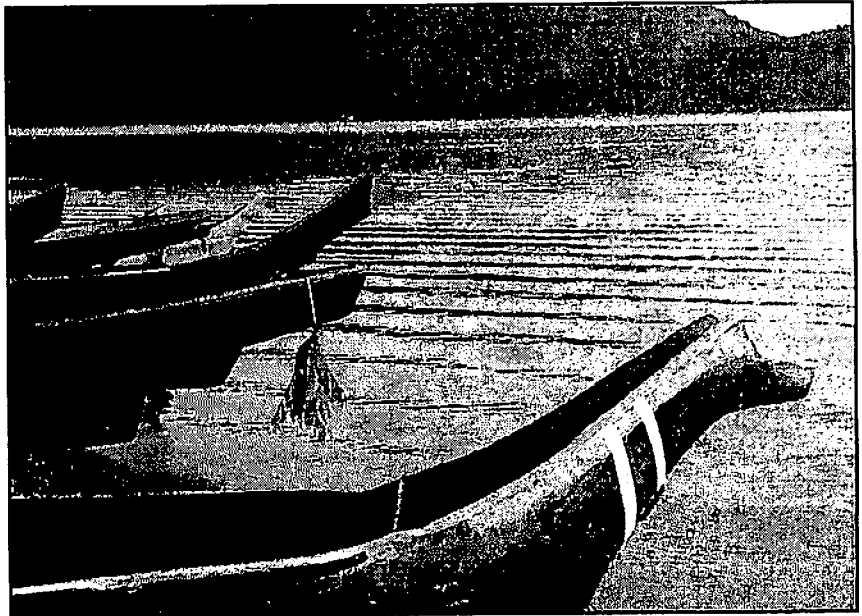


Photo taken by James Sanderville

According to traditional protocol, the skipper of each arriving canoe formally identifies his or her canoe and asks to come ashore. After greetings are exchanged, the hosts gradually bring them ashore with songs and drums one at a time or in small groups. However, this year's group arrived at the peak of the record heat wave Wednesday afternoon and at least three paddlers showed signs of distress. For their safety, ceremonies were abbreviated and paddlers were invited to land en masse, Eastwood said.



Volunteers from the Old Anacortes Rowing Society helped bring the canoes ashore, Wooten said. He said the tribe is an active community member, working with other groups and participating in events such as the Anacortes Relay for Life and the Anacortes Arts Festival.

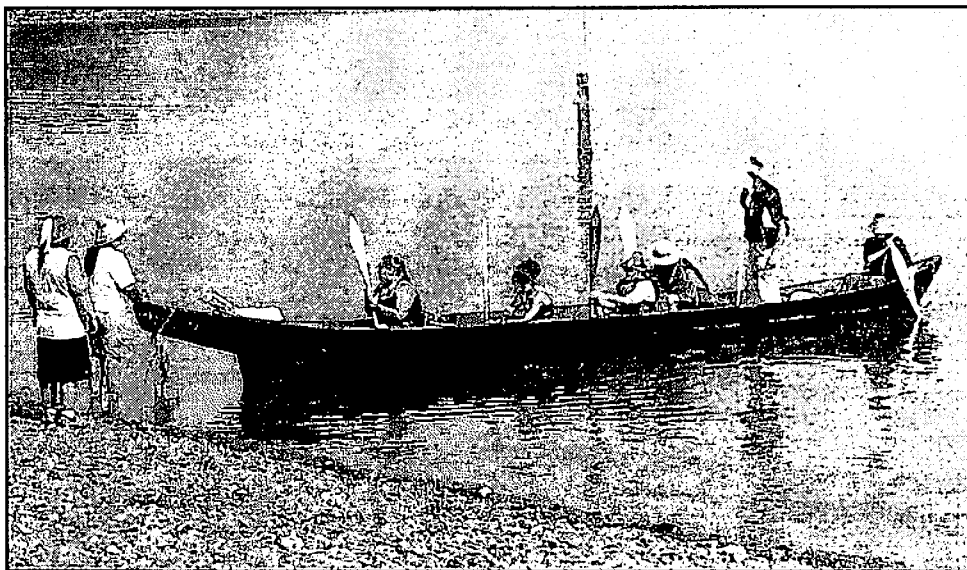
**Anacortes American
Article Written
by Elaine Walker
Published August 4, 2009**

Canoe Journey 2009

This year marks the 20th anniversary of the historic "Paddle to Seattle," an event that spurred a revival of interest in canoes after many tribes had been off the water for decades. The Paddle to Seattle drew nine canoes and the event has grown greatly over the years.

The Samish and other Coast Salish tribes have encouraged young people to participate in canoe events to reconnect with their heritage and as part of drug and alcohol abuse prevention programs. The Samish Tribe's big canoe Xechnginglh, which means "Our hearts and minds are one," was commissioned in a blessing ceremony in 2003. In the years since, the name has proved appropriate, as Samish youth and entire families have opened their hearts and minds to traditional ways of the canoe.

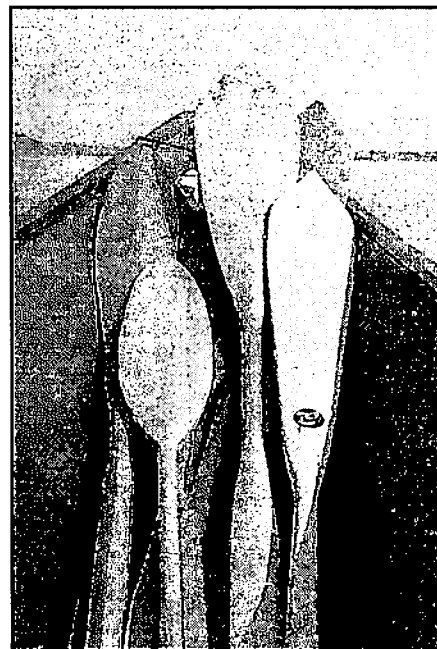
Last year, canoe journey paddlers added a new facet to the canoe journey — an effort to contribute to scientific research by collecting water samples. Todd Woodard, the tribe's natural resources technician, said the tribes have been excited to contribute. Eric Grossman of the U.S. Geological Survey said the idea was natural. "What an amazing opportunity to do research along the way. These people have been paddling through these waters for millennia," he said. Grossman said the tribes have a strong stake in natural resource conservation. "Their culture revolves around salmon and shellfish. If we lose that, they lose a big part of their cultural identity," he said. For its second year, the study has been expanded slightly. "This year we added water sampling every 5 kilometers for dissolved nutrients, and ever 10 kilometers to look at phytoplankton biomass and community composition," he said. When the journey is over, results can be compared with last year's samples. "Anything we learn along the journey is good," Grossman said.



This year, he said researchers are already seeing unusually high temperatures and, in some places, high amounts of oxygen. Enough changes can kill eelgrass or young fish, stress native species and allow invasives to thrive, or encourage bacteria or algae blooms. But at least on Wednesday, shellfish were plentiful at the Fidalgo Bay Resort.

Despite the heat, paddlers looked hearty after a rest in the shade, and eager for the Samish feast. People lined up to scoop up clams baked in a sand pit in front of the RV park's banquet facility. Eastwood said feeding people and taking care of them is a tribal tradition.

"The name Samish means 'people who stand up and give,'" she said.



Allen-Bradbury Scholarship

Congratulations to **Ashley Fix** and **Deanna Crumpacker** for winning the Allen Bradbury Construction Scholarship. This scholarship supports the education of Samish Students who plan or will continue to pursue higher education at a college or vocational school. This scholarship was established by Tribal Member Allen Engberg for Samish tribal members who are students. The original amount of the scholarship was \$1,500. Allen graciously added an additional \$500 to the \$1500, so each student will receive \$1000!



**Allen-Bradbury
Construction L.L.C.**

Culture Day Celebrates Local Tribes

Published in the Whidbey News Times by Liz Burlingame on July 14, 2009

The day was a chance to look back at the traditions of Northwest tribes, but to also see them in a modern way. "People often think of Native Americans in historical terms and not in the contemporary," Leslie Eastwood, general manager of the Samish tribe said. "We want to show that our culture is still surviving."

The Samish and Swinomish Tribes partnered for Native American Culture Day at Bowman Bay in Deception Pass State Park. About 200 people attended the four-hour long event. The tribes presented ceremonial dances, Native canoe rides, storytelling, art and a salmon barbecue.

By the picnic area, Samish tribal member Jan Flagg weaved cedar hats, traditionally used for work and ceremonial purposes. She explained to visitors that the bark must emit a gas for a year before it can be used for the craft. "My grandma was gone when I was 6 and so many things went with her. She spoke the language and made baskets," Flagg said. "If I have it my way, my granddaughters will learn it too."

At the boat launch, the Samish tribe offered free canoe rides to the public. Each year, hundreds of families enter an intertribal canoe journey along the Washington and Canadian coast. They travel for eight to 12 hours per day for over 250 miles. "In 20 minutes, people can get a sense of what it takes to do the journey," Eastwood said. Dawn Caveness of Oak Harbor and her four boys, Aaron, Bret, Dane and Gabe, were paddling that afternoon. "The boys think it's awesome," she said of the cultural experience. "We had some salmon and fry bread. They just gobbled it up."

Many of the crafts on sale, such as drums, hats and paddles, were made in family-oriented settings, Rosie James of the Samish tribe said. Part of Culture Day was to pass knowledge to younger generations, some of which can't be learned in books.

At about 2 p.m., James began drumming to draw crowds to a storytelling session. "When I'm on the beach digging clams, I'm in my element. You see my family over there?" she said, motioning to a group of ladies weaving the cedar bark hats. "They're in their element."

The event was funded in part by the American Recovery and Reinvestment Act for \$2,000. The Washington State Arts Commission also contributed funds to make the event possible. Jens Lund, Folk and Traditional Arts in the Parks program manager, spent the day capturing the event on video which will be used for future grant applications.

Health Notes

Dental Benefits through Contract Health Services

For calendar year 2009, your dental benefit has a \$ 1000 limit. If you have received your services at a tribal dental clinic, and they are either referring you 'outside' for work they can not perform, or are incurring 'outside' costs for you, such as having a dental lab build a crown or bridge, your annual benefit is increased to \$ 1500. You are not required to use tribal dental clinics; you may use your benefit at any dentist you choose.

Tribal dental clinics are not always available to our Samish members. They are restricted to clients who live in their county, and they may already be overwhelmed with trying to meet the needs of their own tribal members. You should call the clinic to find out if they are currently able to serve Native Americans from other tribes. You may be required to provide proof of enrollment and proof of residence. Services performed at tribal clinics are at NO COST to you or to the Samish Contract Health Program (exception: Seattle Indian Health Board uses a sliding scale for charges. They are not a tribal program).

The following clinics MAY be available to serve your dental needs:

Clinic location & phone	Residence requirements
Neah Bay Service Unit 360-645-2233	Any Native American is served
Lower Elwha Clinic Port Angeles 360-452-6252	Clallam County only
Port Gamble S'Klallam Clinic Kingston 360-297-9658	Kitsap County only
Puyallup Dental Clinic Tacoma 253-593-0232	Pierce County only May not be accepting new patients
Lummi Dental Clinic Bellingham 360-384-2279	Whatcom County only Limited access...under renovation
Nooksak Dental Clinic Everson 360-306-5151	Whatcom County only
Swinomish/Upper Skagit Dental Clinic LaConner 360-466-3900	Skagit, Island and San Juan County
Tulalip Dental Clinic Marysville 360-651-4530	Snohomish County
Seattle Indian Health Board Seattle 206-324-9360	King County Not a tribal clinic, but charges are based on a sliding scale, income based

If you move or change health insurance, don't forget to call Joanne or Erin.

Samish Contract Health Services

P.O. Box 919

Anacortes,
WA 98221



Phone: (360) 293-6404

Toll Free Phone:

(800) 365-9062

Joanne Liantonio extension 125
jlantonio@samishtribe.nsn.us

Erin Soucy extension 126
erinsoucy@samishtribe.nsn.us

Keith Tucker MD extension 201
ktucker@samishtribe.nsn.us

Mitch Markovich RN
extension 224
mmarkovich@samishtribe.nsn.us

Congratulations Samish!

Samish Indian Nation is now a voting member of
the Skagit Council of Governments (SCOG)



The Board of Directors of the Skagit Council of Governments approved our voting membership request on June 17, 2009. The Skagit Council of Governments (SCOG) is a voluntary organization comprised of local governments whose purpose is to foster a cooperative effort in resolving problems, policies and plans that are common and regional.

SCOG's mission focuses on two primary areas: Transportation and Economic Development, and it administers four Revolving Loan Funds (RLF).

SCOG serves as the lead agency for the Regional Transportation Planning Organization (RTPO) as enabled by Washington State law, and the Skagit Metropolitan Planning Organization (SMPO) as enabled by federal law.

The SCOG Board meets monthly, and it is expected that the key elected official from each member jurisdiction will attend. Meetings are normally the third Wednesday at around 2:30 at the Port of Skagit. Currently, the following jurisdictions and organizations are members:

City of Anacortes	Port of Anacortes	Town of Concrete
City of Burlington	Port of Skagit County	Town of Hamilton
City of Mount Vernon	Skagit County	Town of La Conner
City of Sedro Woolley	Skagit PUD	Town of Lyman
Samish Indian Nation	Skagit Transit (SKAT)	Swinomish Tribe

SCOG also works with a number of schools and agencies to offer technical and financial service to individuals and companies through the Business Resource Center.

The following are some of the schools and agencies with which SCOG has worked with recently:

Worksafe
Skagit Valley College (SVC)
Small Business Administration (SBA)
Washington State University (WSU)
Service Corp. of Retired Executives (SCORE)
Western Washington University (WWU)
Small Business Development Center (SBDC)
Economic Development Association of Skagit County (EDASC)

Social Services Notes

Housing Opportunities for Native Americans & Alaska Natives

The Section 184 Loan Guarantee Program is a home loan product for federally recognized tribal members. The 184 loan product can be used to finance new construction, rehabilitation, purchase of an existing house and refinancing, including "cash out" refinancing. The Section 184 program is often the best mortgage loan available to Native Americans because it requires a low down payment of 2.25% and the lowest mortgage loan guarantee cost available. They also offer more flexibility regarding property and credit standards. You do not need to be low income to qualify. You do need to have good credit.

Please call our housing office for an application and a list of Approved Section 184 Lenders.

The Housing Office phone number is (360) 293-6404 Ext. 208 or toll free at (800) 365-9062 Ext. 208. We also have the application on our web site.

Just click on the housing page at
www.samishtribe.nsn.us

CONTACT US

Samish Social Services Department

2918 Commercial Avenue, P.O. Box 217
Anacortes, WA 98221

Phone: (360) 293-6404 Toll Free (800) 365-9062

Rebecca Peck, Social Services Director
Extension 128, rpeck@samishtribe.nsn.us

Robert Ludgate, Family Services Specialist
Extension 119, rludgate@samishtribe.nsn.us

Benjamin Jojola, Substance Abuse Prevention Specialist
Extension 122, bjojola@samishtribe.nsn.us

Jim Straight, Chemical Dependency Counselor
Extension 114, jstraight@samishtribe.nsn.us

Judy Lavallec, Mental Health Therapist
Extension 127, jlavallec@samishtribe.nsn.us

Lona Wilbur, Social Service Specialist
Extension 103, lwilbur@samishtribe.nsn.us

Tobacco Prevention: Give the Gift of Health

There is nothing you can buy in a store that is more valuable than your health for yourself and those who love you. If you have wanted to give up tobacco now is a good time to get started. Here are some tips about quitting.

- Make a list of the reasons why you want to quit. Some examples might be: the cost of cigarettes, the wrinkles smoking causes, and that smell!
- Set a target date for quitting. Mark it on your calendar, it will become a great anniversary to celebrate each year.
- Tell friends and family about your decision. True friends will support and encourage you.
- Take one day at a time. Each day you go without tobacco mark off on your calendar and be proud.
- Remember that withdrawal symptoms will go away. In many ways you'll feel better right away.
- Change your routine to avoid situations that you are used to smoking in.
- Stay busy, especially during the first week. Now is a good time to start that new hobby you never had enough time for.
- Write out some stress relieving activities like going for short walks out in the crisp morning air.
- Come up with a reward for yourself. If you go one week without tobacco take yourself out to a movie, do something special for yourself.
- Add a healthy habit to your day. Take a vitamin, drink lots of water, and eat fresh fruits & vegetables.

Department of Natural Resources



The Puget Sound Partnership has funded a study that will continue our regular water quality monitoring of inputs to Fidalgo Bay and analyze sediment and clam tissue for harmful Polycyclic Aromatic Hydrocarbons (PAHs): a group of compounds found in petroleum products. Puget Sound Partnership funds study to monitor water and sediment pollutants in Fidalgo Bay.

The first part of the study will analyze fecal coliform input to Fidalgo Bay from its many Stormwater runoff sites, as well as analyze nutrients such as nitrogen and phosphorus. "Nutrient loads to Puget Sound are getting a lot of attention right now. Too much nitrogen and phosphorus can cause large toxic algae blooms and when the algae dies and decays, dissolved oxygen in the water plummets," says Todd Woodard, Samish Natural Resources Technician. "We have also been very successful in using our fecal coliform data from the last four years to identify drain-

ages that are consistently in violation of state standards. We then have approached landowners to try to work cooperatively to address the problems." Past efforts have resulted in the removal of livestock from sensitive drainage areas and planting buffer strips to filter storm water and prevent fecal coliform from entering the bay.

The second part of the study will establish baseline conditions of the sediment and clam tissue around Weaverling Spit. This data would be incredibly important in the event of an oil spill in Fidalgo Bay. "We certainly hope it never happens," says Woodard, "but if there was a spill in Fidalgo Bay, it is very important to know what the restoration goal would be. With the importance of shellfish and the eelgrass beds to the Tribe and the RV park, we want to know the existing conditions so that we can better protect the resource." This study will also indicate whether there are PAHs from past spills that have accumulated in the sediment or clams, and if so, whether these levels are of concern. The sampling protocols were developed in coordination with the Washington Departments of Ecology and Fish and Wildlife's oil spill response group. Samples were taken from 5 separate areas around Weaverling Spit and delivered to the Department of Ecology-Manchester Lab for analysis, which is currently underway.



To assist us with this and all the other projects we have going on this summer, The Department of Natural Resources hired a summer intern who is a recent graduate from Western Washington University. Emily Stefansson has been with us this summer until she departs for graduate school at the University of Maryland. "Emily has been a huge help to us. She has been able to hit the ground running and provide immediate, positive assistance to the department." says Woodard. "We are really happy to have had her here!"

Transportation News

Information for this article was from the Washington State Department of Transportation Online

In July 2009, a ceremonial unveiling of a new highway sign with business leaders, local officials and legislators officially marked the completion of the “missing link” in State Route 20 widening between Anacortes and Burlington. The I-5/SR 20 interchange is the gateway into the heart of the Skagit Valley, the San Juan Islands and Whidbey Island. The Washington State Department of Transportation has transformed five miles of SR 20 from a narrow and congested two-lane highway into a wider and safer four-lane highway, and rebuilt the busiest I-5 interchange in Burlington. The interchange and highway will no longer be plagued by congestion and collisions, like it had been for years. These improvements will dramatically increase safety and relieve congestion for the 20,000 drivers who use the highway daily. WSDOT’s \$118 million project was provided by the Washington state Legislature’s 2003 Nickel Funding package. The project completes a vision that started more than 30 years ago. The stretch of SR 20 from Anacortes to Memorial Highway (SR 536) was widened in the 1960s and 70s.



Senator Mary Margaret Haugen and Samish Tribal Chairman Tom Wooten

Samish Tribal Chairman, Tom Wooten was a key speaker for the ribbon cutting of the new SR 20 and I-5 interchange. Chairman Wooten spoke about how this safety project is beneficial to the Tribe and how paramount to have a Tribal and State relationship. Our transportation program has been involved with providing comments and attending informational meetings since 2002.

“This project has dramatically improved a vital transportation link for Skagit, San Juan and Island County residents,” said Sen. Mary Margaret Haugen. “The improved interchange and wider State Route 20 will help save lives and reduce congestion.”



State Patrol Lieutenant Scott McCoy; Skagit Valley Agricultural Representative Roger Knutzen; Burlington Mayor Ed Brunz; Skagit County Commissioner Ken Dahlstedt; Samish Tribal Chairman Tom Wooten; former Senator Harriet Spanel; Senator Mary Margaret Haugen.

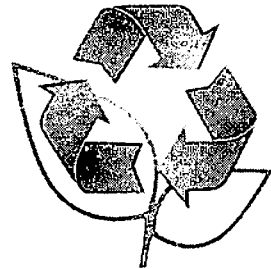


Samish Tribal Chairman Tom Wooten signs his name on a crossbeam that will support the future I-5 directional sign.

Samish Indian Nation
2918 Commercial Avenue
P.O. Box 217
Anacortes, WA 98221
(360) 293-6404



Please Recycle



Email address samishtribe@samishtribe.nsn.us
Website: www.samishtribe.nsn.us