

Dear Tribal Member: You are participating in the only Tribal Food Voucher Program in the whole United States! The rule is simple: **You may only buy items on the list below.** If you use this voucher, you are saying that you understand that you can only buy items on the list below, and that you understand you may be denied future vouchers if you buy items not on the list. If you have any questions about what you can buy with the vouchers, please call our office.

We Wish You Healthy and Happy Mealtimes

Items We Cannot Reimburse	Allowed Non-Food Items	Allowed Food Items	
<ul style="list-style-type: none"> • Alcohol or Tobacco Products of any kind • Cosmetics, Hand & Body Lotions, Cologne, or Hair Products • Hair Dye or Hair Products • Any Over the Counter Medications • Furniture Polish, Carpet Cleaner or Air Freshener • Pet Food or Pet Supplies • Water, Flavored or Bottled • Candy, Gum, Cookies or other “snack” food such as Granola Bars, Popcorn, Potato/Corn/Veggie Chips or Beef Jerky • Soft Drinks or Energy Drinks • Desserts, such as Ice Cream, Pies and Cakes(mixes) • Donuts, Breakfast Pastries and Muffins • Prepared Deli Items, Pizza or Frozen Dinner • Kool-Aid, Gatorade, On-the-Go Drink Packets and other Sport Drinks 	<ul style="list-style-type: none"> • Cleaning Products • Dental Floss • Denture Products • Deodorant • Diapers – Baby & Adult • Dish Soap • Facial Tissue • Feminine Hygiene Items • Laundry Detergent • Paper Towels/Napkins • Shampoo & Conditioner • Shaving Products • Soap • Toilet Paper • Toothbrushes • Toothpaste 	<ul style="list-style-type: none"> • Baby Food • Baby Formula • Breads & Tortillas • Canned Goods • Cereals • Cheese • Coffee- ground or beans (NO bottled coffee drinks) • Condiments • Cottage Cheese • Corn Meal • Dairy & Dairy Substitutes • Dried Peas & Beans • Eggs & Egg Substitutes • Ensure & Substitutes • Fish – fresh, frozen canned & dried • Flour, all types • Fruits – fresh, frozen, canned & dried • Glucerna & Substitutes • Grains 	<ul style="list-style-type: none"> • Juices, 100% • Legumes & Beans • Meat – fresh, frozen & canned • Milk – fresh, canned & powered • Milk Substitutes like soy, rice, or almond milk • Nuts • Pasta • Peanut Butter • Potatoes • Rice • Seafood – fresh, frozen, canned & dried • Spices • Sugar & Sugar Substitutes • Vegetables – fresh, frozen, canned & dried • Yogurt